

MacKerricher State Park to Fort Bragg



Signs along the Route

As a pilot project stemming from the 2003 Pacific Coast Bike Route Study, Caltrans District 1 has installed 19 bicycle guide signs at various locations along Route 1 in Mendocino County. These guide signs are intended to provide food, camping, and directional information to bicyclists traveling along the Mendocino portion of the Pacific Coast Bike Route while avoiding the aesthetic impacts of larger signs.



The guide signs are made using the small, white, flexible paddles (commonly referred to as "delineator paddles"), which are often seen along the outer edge of a roadway. For this project, they have been adapted to provide distance and directional information using the universal symbols seen on many full size Caltrans guide signs.

Comments and suggestions regarding these new signs are welcome.

The Pacific Coast Bike Route in District 1

In 1976, in honor of the Nation's Bicentennial, the American Revolution Bicentennial Commission of California and the California Department of Transportation developed the "Pacific Coast Bicentennial Bike Route." The designated route began on Highway 101 at the California/Oregon State Line, and ended adjacent to Interstate 5 at the Mexican Border. In the early 1990's, the California State Legislature re-designated this Route the "Pacific Coast Bike Route."

Within Caltrans District 1, the route travels through the counties of Del Norte, Humboldt and Mendocino. This challenging route passes through some of the nation's most beautiful scenery, including vast redwood forests and spectacular ocean views.

Popular with touring cyclists, the Pacific Coast Bike Route is generally traveled from North to South. Road and terrain conditions vary greatly throughout the route, from level grades with wide shoulders (appropriate for most cyclists), to steep grades with narrow or no shoulder (appropriate for more experienced cyclists).

As with all bicycle trips, efforts should be made to ride safely:

Wear Your Helmet

A helmet should be worn to protect against head injuries, the most common serious injury suffered by bicyclists. It's the law for persons under 18 years of age, and recommended for riders of all ages.

Be Visible

Wear bright clothing and use reflective equipment and/or tape to increase your visibility to motorists.

Be Predictable

"Every person riding a bicycle upon a highway has all the rights and is subject to all the provisions applicable to the driver of a vehicle..." (CVC 21200a). Obey the Rules of the Road.

- The same laws that apply to motorists apply to cyclists. Obey all traffic control devices, such as stop signs and signals.
- Always ride in the same direction as traffic.
- Ride in a straight line, single file.
- Use hand signals to indicate your intention to stop or turn.

Be Prepared

- Plan your route, including stops for food and rest.
- Bring adequate water, food, sunscreen, as well as first aid supplies.
- Bring the necessary tools and equipment for roadside repairs
- Weather conditions can vary greatly along the route. Pack accordingly.

Caltrans District 1

A photograph of a cyclist riding a road bike on a coastal road. The cyclist is wearing a blue jacket, black shorts, and a yellow helmet. The background shows a blue ocean and a hilly coastline.

Department of Transportation
District 1
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Map Produced by District 1 System Planning 2008
Visit our website at: <http://www.dot.ca.gov/dist1/>

Pacific Coast Bike Route



- Legend**
- Pacific Coast Bike Route
 - Scenic Alternate Route
 - Future Route Alignment
 - Communities
 - State Highway
 - State & National Parks
 - Del Norte County
 - Trinity County
 - Humboldt County
 - Mendocino County
 - Sonoma County
 - Oregon

In District 1, the Pacific Coast Bike Route follows Route 101 in Del Norte & Humboldt Counties, and Route 1 in Mendocino County. The route exits the highways at a few locations which are shown to the right.

North of Crescent City



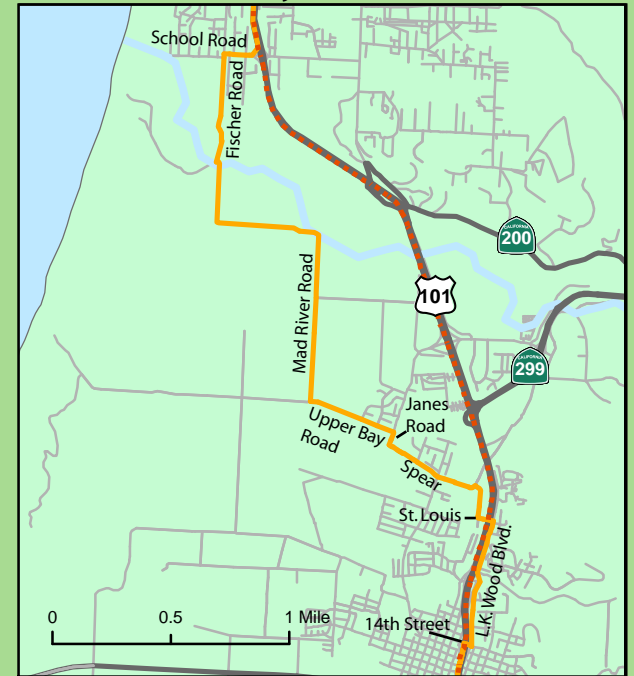
Crescent City



Newton B. Drury Scenic Parkway



McKinleyville to Arcata



Eureka

